
Setting the Standard in Health Care Excellence

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FOR IMMEDIATE RELEASE

Ventura County Medical Center to resume offering Vaginal Birth after Cesarean (VBAC) for pregnant expectant mothers

[Ventura County, Calif.] –Beginning June 1, 2016, Ventura County Medical Center will lead the effort to promote vaginal births after cesarean sections by having dedicated physicians available 24 hours a day, 7 days a week to care for women trying to deliver naturally after having had a previous cesarean section. If a woman has delivered a baby by cesarean section and has a subsequent pregnancy, she may be a candidate for vaginal birth after c-section (VBAC).

In fact, for many women, VBAC is an option. Research on women that are appropriate candidates who attempt a trial of labor after cesarean (TOLAC) shows that between 60 to 80 percent may have a successful vaginal delivery. VBAC isn't right for everyone. Certain factors, such as the reasons for a previous cesarean section or location of the scar on the uterus, can make VBAC inappropriate. Most hospitals that don't offer VBAC choose not to do so because they don't have the dedicated staff and resources to handle emergency C-sections at all hours of the day. Currently, pregnant women seeking to deliver naturally routinely travel to Los Angeles, some while in labor to find hospitals equipped to handle VBACs. Ventura County Medical Center (VCMC) is proud to have dedicated physicians, staff, and resources in place to offer this service once again.

“We are extremely happy to be able to offer this service to the pregnant women of Ventura County and beyond. The birth of a child should be something that can be accomplished in the community where they live,” says Dr. Bryan Wong, Medical Director for Ventura County Medical Center.

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